

Ankeny Virtual Backpack

Sports and Activities

Name of Event: Girls on the Run

Grade Level: Elementary (K-5)

Event Type: Sports and Activities

Event Date: 9/12/2022

Start Time: 3:00 PM

Registration Deadline: 9/12/2022

Audience: 3rd-5th grade

Details: Twice per week, girls will have fun, make friends, increase their physical activity levels and learn important life skills. Trained and caring coaches lead 3rd - 5th-grade girls through interactive lessons and movement activities. The season ends with a celebratory 5K event.

Location: Westwood Elementary, Ankeny First United Methodist Church, Northwest Elementary, St. Lukes School

Cost: \$150

Organization Name: Girls on the Run of Central Iowa

Contact Name: Christa Vander Leest

Contact Email: christa.vanderleest@girlsontherun.org

Event URL: <https://www.gotrcentraliowa.org/>

Name of Event: BridgeWhiz

Grade Level: Secondary (6-12)

Event Type: Sports and Activities

Event Date: 12/17/2022

Registration Deadline: 10/11/2022

Audience: Middle School and High School Students

Details: BridgeWhiz, a FREE online course, teaches the mind-building challenge of competitive bridge, which nurtures your child's team and individual competitive spirit. Builds social skills, and enhances deductive reasoning and math abilities.

Location: Online from student's home

Cost: FREE

Organization Name: ACBL Educational Foundation

Contact Name: Albert Bender

Contact Email: albert.bender@bridgewhiz.org

Event URL: <https://bridgewhiz.org/>

Name of Event: Ankeny Centennial Basketball Club

Grade Level: Elementary (K-5)

Event Type: Sports and Activities

Event Date: 2/25/2023

Start Time: 8:00 AM

Registration Deadline: 9/30/2022

Audience: 2nd grade through 5th grade students that attend any Centennial feeder elementary school

Details: If your child is interested in participating in competitive youth basketball, please consider registering for ACBC

Location: Kingdom Hoops

Cost: \$325-425 depending on grade

Organization Name: Ankeny Centennial Basketball Club

Contact Name: Nolan Stribe

Contact Email: acbasketballclub@gmail.com

Event URL:

<https://www.leagueathletics.com/Registration/Default.asp?org=acbasketballclub.org>

Name of Event: AVBA Volleyball Winter/Spring AAU Signups

Grade Level: Elementary (K-5)

Event Type: Sports and Activities

Event Date: 3/30/2023

Registration Deadline:

Audience: 4th - 7th grade. AVBA is open to all regardless of where you live or attend school in the Ankeny Community School District

Details: AAU Volleyball. The goal of the club is to introduce participants to the Ankeny volleyball philosophy.

Location: Ankney Gyms

Cost: prices vary upon grade level

Organization Name: AVBA Volleyball

Contact Name: Paul Samson

Contact Email: AVBAHAWKS@GMAIL.COM

Event URL: <https://avbahawks.teamsnapsites.com/>

Name of Event: Ankeny Basketball Club

Grade Level: Elementary (K-5)

Event Type: Sports and Activities

Event Date: 3/30/2023

Audience: 1st - 8th grade. ABC is open to all regardless of where you live or attend school in the Ankeny Community School District

Details: The goal of the club is to introduce participants to the Ankeny basketball philosophy as well as exposing players to the fundamentals of the game while teaching sportsmanship, pride, dedication, and work ethic.

Location: Ankeny Area

Cost: prices vary upon grade level, see website

Organization Name: Ankeny Basketball Club (ABC)

Contact Name: Shannon Sandvig

Contact Email: info@ankenybasketballclub.org

Event URL: <https://ankenybasketballclub.org>