

Ankeny Dance Team Tryout Information 2021/22

Coach: Dallas Ott
Dallas.ott@ankenyschools.org

Team Breakdown

Game Day: This squad will be made up of all members of the AHS Dance Team. This squad would participate in every community and school related event from the start of the season till the last of the regular season football game (no playoff games). This will include all halftime performances at football games, sidelines, pep assemblies, and community activities. This team will not attend camp, dance at playoff games, perform at State, State Solos, or travel to Nationals.

*This team will practice 3 times a week from after camp till the week before school. Once school starts this team will practice 2 times a week until the last game. Monday and Thursday mornings from 6:00am-7:30am. Practices could be added or taken away as the coach feels necessary.

Junior Varsity: This squad will be made up of 12-15 members of the AHS Dance Team, if enough tryout, minimum of 10 members. If we do not have 10 members, there will not be a JV team. This team will have 1 Pom routine that will go to 1 or 2 local competitions depending on schedules. This team will not attend camp, will not perform at State Solos, State, or travel to Nationals.

*This team will practice 3 times a week after camp till the week before school. Once school starts this team will practice 3 times a week. Monday and Thursday with all AHS Dance Teams (Game Day & Varsity) before school (6:00-7:30am) and Tuesdays with just the JV team once Choreography is learned. When game day season is over, this team will practice once a week (day of week TBD). Practices could be added or taken away as the coach feels necessary.

Varsity: This squad will be made up of 15 members plus alternates of the AHS Dance Team. This team is a competitive team and members have the opportunity to participate in the routines that we take to State and Nationals. Selection for who is in the routines will be made solely by the coaching staff. Just because you are on this squad does not mean you will perform. This team will be selected by talent and ability to allow us to compete at a competitive championship level. Team members will attend camp and have the opportunity to compete at State Solos, State and Nationals.

*This team will practice 3 times a week 2 weeks before camp (if we take a home routine). Then practice 3 times a week after camp till the week before school with all AHS Dance Team. Once school starts this team will practice 3 times a week. Monday and Thursday with all AHS Dance Teams (Game Day) before school then one more day during the week with just the Varsity team once Choreography is learned. Once choreography is learned you will practice Monday, Tuesday, & Thursday morning 6:00am -7:30am, with Saturdays from 7:30am-10:30am. Practices could be added or taken away as the coach feels necessary.

Estimated Cost Per Team

Due to the nature of our sport, fundraising is mandatory for our program. ALL fundraising is TEAM fundraising. All Team fundraising is the property of the AHS Dance Team. Items purchased from the team account will remain the property of the AHS Dance Team, unless otherwise specified. Team fundraising will be split amongst the teams and will be applied as a credit (towards the items listed below as Team Expenses ONLY) to the individual dancer's bill. Each dancer will be responsible for their individual bill that is not covered by fundraising. There will be other expenses like team wear, backpack, etc. that each individual dancer will have to pay for. Team fundraising WILL NOT go towards anything a dancer keeps. The Dance Team is part of the Activity Boosters, which means all dance team parents will be expected to work at assigned Activity Booster events.

Team Expenses - Team fundraising can only be applied to dancer's individual bill towards these expenses:

~AT THIS TIME THESE ARE ALL ESTIMATED COST PER DANCER~

Estimated Cost for Game Day: Overall \$350-\$450 including Individual and Team Cost

Individual Cost:

Costume Rental/Maintenance fee: \$50, Windbreaker: \$55, Team Backpack: \$45 optional, Practice Wear (2 tank tops): \$30, Team Wear (sweatshirt & t-shirt): \$45, Varsity Wear Items (maroon sports bra & poms): \$70, Any Plain Black Leggings: (dancer provides), Any Black Nike Shoes: (dancer provides)

Team Expenses:

Team Photo/Poster

Estimated Cost for JV: Overall \$1,200 including Individual and Team Cost

Individual Cost:

Costume Rental/Maintenance fee: \$100, Windbreaker: \$53, Team Backpack: \$45 optional, Practice Wear (3 tank tops): \$40, Team Wear (sweatshirt & t-shirt): \$45, Varsity Wear Items (maroon sports bra & poms): \$70, Any Plain Black Leggings: (dancer provides), Any Black Nike Shoes: (dancer provides).

Other Expenses:

Shoes: Bloch Ladies Pulse Jazz Shoe, S0470L (Tan)
Body Tights: Capezio Body Tight, Clear Straps, Caramel Color
Lipstick
Earrings

** There is a specific style required for each item. If you already own these items in the specific style and they are in good condition, you may have less to purchase from this list.**

Team Expenses: (Group Fundraising will help low this amount):

Choreography, Competition fees, Team Photo/Poster, Music Fee, & etc.

Estimated Cost for Varsity: Overall \$2,500 including Individual Cost

Individual Cost:

Costume Rental/Maintenance fee: \$100, Windbreaker: \$53, Team Warm Up Jacket: \$90, Team Backpack: \$45, Practice Wear (3 tank tops): \$40, Varsity Wear Items (maroon sports bra, black high waisted leggings & poms): \$120, Team Wear (sweatshirt & t-shirt): \$45, New Members must buy 2 new poms: \$90, returning members must buy 1 new set of poms: \$45, Black Nike Team Tennis Shoes: (Nike Revolution 5 Women's Running Shoes): \$63.

Other Individual Expenses:

Hip Hop Costume

Shoes: Bloch Ladies Pulse Jazz Shoe, S0470L (Tan & Black), and Bloch Canvas Eclipse Canvas, S0619L

Earrings

Lipstick

Body Tights: Capezio Body Tight, Clear Straps, Caramel Color

Camp Fee: \$400

** There is a specific style required for each item. If you already own these items in the specific style and they are in good condition, you may have less to purchase from this list.**

Team Expenses (Group Fundraising will help lower this amount):

Choreography, Music Fees, Rhinestones, Jazz Costume, Team Photo/Poster, State Fee, Nationals fees & Travel Expenses, & etc.

Important Dates

These are just a few of the dates we know we have something scheduled already. Some dates and locations are not known yet, but will be communicated

Varsity Camp: July 10-13th @ DoubleTree in Cedar Rapids

- This is a date we know but we do not know if we will attend. Our attendance will depend on how everything is going with COVID. Please mark this date down but know it is very much up in the air.

Varsity Pom and Lyrical Choreography: July 17-19

- More information to come

2022 State Solo and Team Competition: December 1-3rd

- We will only perform one of those 3 days.

2022 National Dance Team Championship: February 4-6th, 2022 In Orlando, FL

Workshop Schedule

Highly recommend coming to both clinic days

Clinic Attire: Fitted tank top (any color), black tight bottoms or shorts, hair pulled out of face, jazz shoes/half soles, water bottle

Wednesday, April 14th 4:30-6:00pm @ Ankeny High School Main Gym-All paperwork needs to be turned in

- We will be starting right at 4:30pm so please come early to get checked in and stretch
- 4:30-4:40 pm: Pom Skills
- 4:40-6:00 pm: Learn Pom & Start Jazz routine
- Run through all requirements for final tryout

You will receive a number the first day and you are expected to keep that until tryouts

Thursday, April 15th 4:30-6:00pm @ Ankeny High School Main Gym-All paperwork HAS to be turned in today in order to tryout

- We will be starting right at 4:30pm so please come early to get checked in and stretch
- 4:30-5:45 pm: Finish Jazz routine & Review Pom
- 5:45-5:55 pm: Leap/turn sequence
- 5:55-6:00 pm: Run through all requirements for final tryout

If anyone cannot attend final tryouts, they will tryout after the final clinic day- need to let coach Dallas know in advanced

Video Tryout:

- Must tell Coach Dallas if you will be submitting a video tryout
- All videos must be shared through google drive to dallas.ott@ankenyschools.org
- Video must be submitted no later than Friday, April 16th @ 5:00pm
- These videos will be judged the day of tryouts and will be judged just like live tryouts

Final Tryout

Final Tryout Attire: Fitted black tank, black leggings or shorts, jazz shoes or half soles, hair pulled back into low bun (no fly aways), light makeup and lipstick

Final Tryout: Friday, April 16th 4:30pm-end @ Ankeny High School Main Gym

- 4:00-4:25pm: Open Practice
- 4:10-4:25 pm: Check-in (must be checked in by 4:25pm)
- 4:30 pm: Final Tryouts Begin
- All dancers need to stay until the end in case callbacks are necessary

Final Tryout Layout:

- Right pirouette (triple or more)
- Turns in second combo (two-eight counts of turns in second into a double)
- Turns in second w/ changing spot/float/box/reverse box/ etc. (optional)
- Flexibility skill of choice
- Tumbling skills
- Toe touch (double toe touch preferred)
- Firebird
- Hip Hop tricks (Kip Up & Headspring)
- 45 second Pom routine
- 45 second Jazz routine

If you do any of these skills listed above at tryouts, you will be expected to do it, if it is put in a dance.

<i>Required Skills</i>

Varsity:

- Quad/Triple
- Turns in second w/ changing spot
- Advance turn technique
- Toe touch (double toe touch preferred)
- Firebird
- Advance Pom Technique
- Aerial (right side preferred)
- Headspring
- Kip-up
- Advanced leaps

Junior Varsity:

- Triple/Double
- Turns in second
- Toe touch
- Firebird
- Intermediate Pom technique
- Intermediate leaps
- Either kip-up or headspring

Game Day:

- Beginner turn technique
- Beginner Pom technique
- Beginner leaps
- Working on kip-up or headspring
- Just want to do football games
- Lower cost option

Teams will be announced by email Sunday April 18th @ 7:30 p.m.

Dancer Information

ALL paperwork below must be filled out, signed by both the dancer & guardian by Thursday, April 15

Dancer Name:

Dancer Email:

Dancer Phone Number:

Parent(s) Name:

Parent(s) Email:

Parent(s) Phone Number:

What grade will you be in during the 2021-2022 school year?

How many years have you been dancing?

Do you dance at a studio?

If so, what studio, how many hours a week and what days?

If chosen to be a member of Ankeny High School Dance Team, do you have any summer or upcoming conflicts? Please list below.

Why do you believe we should pick you to be a member of the Ankeny High School Dance Program?

What motivates you to be successful? How could this help the Ankeny High School Dance Team?

What is your biggest weakness, and how can you overcome this? What is your biggest strength, and how can this help while using teamwork?

Please rank ALL the teams you would like to be considered for:

****Example 1: If you put Varsity down as 1, you will first be considered for the Varsity team. If you do not make Varsity and did not select JV as number 2, you will not be considered for JV. You will be placed on the Game Day Team only.**

Example 2: If you rank Game Day as 1, you will only be on the Game Day Team.

Please do a 1, 2, 3 option**

Varsity

Junior Varsity

Game Day

Please Rank Here:

- 1.
- 2.
- 3.

My child, _____ has my permission to try out for the Ankeny Dance team. I understand that he/she must abide by the rules and regulations set forth by the Coach and the School. I understand my child must attend at least 1 workshop (unless previously discussed with the coach) and the auditions, or my child will not be considered for a dance team position. Previous experience on the Ankeny Dance Team does *not* ensure a spot on this year's team. I understand that tryouts will be conducted by a panel of independent qualified judges. **My child and I agree to be bound by the decision of the judges.**

I understand that the nature of dance team carries risk of potential injury, no matter how careful the participant and the coach are. I understand these risks and will not hold the Ankeny Community School District or any of its personnel responsible in the case of the accident or injury.

Parent Signature: _____ Date: _____

Candidate Signature: _____ Date: _____