

# November 2020

Jay Groth 577 6154  
 Gene Hildebrand 289 6580  
 Tyler Williams 563 271 1621 Mike Fontana 419 7121

If school is canceled due to weather G1 will practice @ 1 pm

November 2020							December 2020						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7	6	7	8	9	10	11	12
8	9	10	11	12	13	14	13	14	15	16	17	18	19
15	16	17	18	19	20	21	20	21	22	23	24	25	26
22	23	24	25	26	27	28	27	28	29	30	31		
29	30												

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Nov 1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	Dec 1	2	3	4	5

Twitter  
 @ACJagwrestling

16 G1 4PM LIFT  
 G1 6:15-7:45AM  
 G2 4-6PM

17 G1 6:15-7:45AM  
 G2 4-6PM W/LIFT

18 G1 4PM LIFT  
 G1 6:15-7:45  
 G2 4-6PM

19 G1 6:15-7:45  
 G2 4-6 W/LIFT

20 G1 4PM LIFT  
 G1 6:15-7:45  
 G2 4-6PM

21 8:30AM TEAM PICS  
 G1 9:30-11:30  
 G2 9:30-10:30 S&C

22 G1 4PM LIFT  
 G1 6:15  
 G2 4PM

23 G1 4PM LIFT  
 G1 6:15  
 G2 4PM

24 G1 6:15  
 G2 4 W/LIFT

25 G1 8-10 W/LIFT  
 G2 10-12

26 THANKSGIVING

27 G1 8-10 W/LIFT  
 G2 9-11 W/LIFT

28 G1 9-11

30 G1 4PM LIFT  
 G1 6:15  
 G2 4PM

# December 2020

Groth 577 6154 Hildreth 889 6380  
 Willis 563 871 1621 Fontana 419 7121

December 2020							January 2021						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Nov 29	30	Dec 1	2	3	4	5
	G1 4PM LIFT G1 6:15 G2 4PM	G1 6:15 G2 4PM W/LIFT	G2 6:30-8AM G1 4PM	V&JV @ WAUKEE BUS TBA	G1 4PM G2 4PM LIFT G2 6:15-7:45	JV@DMNORTH BUS TBA V@CARLISLE BUS TBA
6	7	8	9	10	11	12
	G1 4PM LIFT G1 6:15 G2 4PM	G1 6:15 G2 4PM W/LIFT	G1 4PM G2 6:15	BUS TBA V&JV @ OTTUMWA	G1 4PM G2 4PM LIFT G2 6:15	JV1 @ MID PRAIRIE BUS TBA V@ACHS
13	14	15	16	17	18	19
	G1 4PM LIFT G1 6:15 G2 4PM	G1 6:15 G2 4PM W/LIFT	G1 4PM G2 6:30-8	G1 4PM LIFT G1 6:15 G2 4PM	G1 4PM JVZINDIANOLA BUS TBA	V@FT DODGE BUS TBA
20	21	22	23	24	25	26
	G1 4PM W/LIFT G2 4PM LIFT G2 6:15	AMES@ACHS V&JV	G1@9AM	BREAK WORK OUT ON YOUR OWN	BREAK WORK OUT ON YOUR OWN	BREAK WORK OUT ON YOUR OWN
27	28	29	30	31	Jan 1, 21	2
WORK OUT ON YOUR OWN	G1 8-10 W/LIFT G2 10-12	G1 8-10 G2 10-12 W/LIFT	G1 8-10 W/LIFT G2 10-12	G1 8-10 G2 10-12W/LIFT		

# January 2021

Is School canceled due to weather G1 will practice @ 1pm

Groth 577 6154 HNDreth 889 6580  
Willers 563 271 1621 Fontana 419 7121

January 2021							February 2021						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30	31			
31													

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dec 27	28	29	30	31	Jan 1, 21	2
3	4	5	6	7	8	9
G1 1-3PM G2 3-4PM	V&J@ANKENY BUS TBA	G1 6:15AM 4PM LIFT G2 4PM	G1 4PM G2 6:30-8AM	MTOWN@ACHS V&J	G1 4PM G2 6:15 & 4PM LIFT	JV@ANKENY BUS TBA V@MTOWN BUS TBA
10	11	12	13	14	15	16
	G1 6:15AM & 4PM LIFT G2 4PM	G1 6:15 G2 4PM W/LIFT	G1 4PM W/LIFT G2 6:30	V&J @FT DODGE BUS TBA	G1 3PM G2 2PM W/LIFT	V@ OSAGE BUS TBA
17	18	19	20	21	22	23
	G1 8-10AM W/LIFT G2 10-12PM	G1 6:15 & 4PM LIFT G2 4	G1 4PM G2 6:30-8AM	MASON CITY@ACHS V&J	G1 4PM G2 6:15 & 4PM LIFT	JV@MTOWN BUS TBA V@UDALE BUS TBA
24	25	26	27	28	29	30
	G1 4PM G2 6:15 & 4PM LIFT	G1 6:15 & 4PM LIFT G2 4PM	G1 4PM G2 6:15 & 4PM LIFT	G1 6:15 & 4PM LIFT G2 4PM	G1 4PM G2 6:15 & 4PM LIFT	G1 9AM
31	Feb 1	2	3	4	5	6

# February 2021

February 2021							March 2021						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
7	1	2	3	4	5	6	7	1	2	3	4	5	6
14	8	9	10	11	12	13	14	8	9	10	11	12	13
21	15	16	17	18	19	20	21	15	16	17	18	19	20
28	22	23	24	25	26	27	28	22	23	24	25	26	27

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jan 31	Feb 1 G1 6:15 & 4PM LIFT G2 4PM	2 G1 6:15 G2 4PM	3 G1 4PM G2 6:30-8AM & 4PM LIFT	4 TRHS&NORWALK@ ACHS V&UV	5 G1 4PM	6 G1 9AM
7	8 G1 4PM	9 G1 4PM	10 REGIONAL DUALS TBA	11 G1 4PM	12 G1 4PM	13 V DISTRICTS 12PM TBA
14 G1 1PM	15 G1 1PM	16 G1 4PM	17 STATE TRNMT	18 STATE TRNMT	19 STATE TRNMT	20 STATE TRNMT
21	22	23	24	25	26	27
28	Mar 1	2	3	4	5	6